# Workshop Stool Assembly Instructions.

# CONTENTS:

- 5 x M8 Nuts,
- 5 x M8 washers,
- 5 x Castors,
- 1 x Base Tray,
- 1 x Seat Cushion,
- 1 x Height Adjustable Seat Damper.



### Step One:

Take a Castor and insert it through the large badged Base Plate. Once a Castor is located in the Base Plate slip an M8 Washer over the thread and then screw on an M8 Nut. Once the M8 Nut is screwed on finger tight you can use a socket driver to fully tighten. The Nut can be considered fully tightened once the square section of the Castor has been drawn into the Base Plate and is no longer visible.

Repeat this step for ALL 5 Castors.



# Step Two:

Insert The Height Adjustable Seat Damper into the Base Plate. To do this take the larger Black section of the Damper which you will notice is tapered. Offer this up to the central receiving hole in the Base and push home firmly.

Until the Stool has been sat on the Damper could fall out of the base so take care not to lift by the Damper until complete.



# Step Three:

Attaching the Seat Cushion to the Damper. To do this take the Seat Cushion and offer it up to the Damper. You will see an attachment under the Cushion which the Damper slots into. Slide the Damper into the Cushion Mount and push home firmly.

You can now carefully with the assembly on the floor sit on the Stool which will force the Damper to sit fully in its 2 locations.



The Workshop Stool assembly is now complete.

You will notice a lever on the side which allows the height to be adjusted (only when a person is sitting on the stool). You will also notice the Base Plate is also a very handy tray to store parts for the item you are working on.

